

WHAT THIS LESSON COVERED

When it's just your player and the goalie, small details — not a harder shot — decide the goal.

This week's lesson was about individual goal-scoring: what to do when it's just your player and the goalie. They learned to "see" the net the way the puck does, to shoot only when they have a real opening (and wait when they don't), to make the goalie move to open up a hole, and to use fakes — what we call "misinformation" — to fool the goalie on a 2-on-1.

QUESTIONS FOR THE CAR RIDE HOME

1 "What was this week's lesson about?"

Why you're asking: Letting them teach it back is the best way to see what really stuck.

2 "Did you make the goalie move before you shot — a fake, a pass across, or a deke?"

Why you're asking: Moving the goalie first is the whole idea. It rewards smart plays, not just hard shots.

3 "What's one move you'll try next game to fool the goalie?"

Why you're asking: A forward-looking goal keeps them thinking like a scorer.

IF THEY'RE NOT SURE — THAT'S OKAY

If they don't have an answer yet, that's completely okay. Encourage them to watch this week's lesson again before the next game — and remind them that every game is a fresh chance to get a little better. Getting a little better each time out is the whole goal.